**Winchester District Older Person’s Partnership**

 **Virtual meeting held on 7th July 2021**

**Present:**
Anna Miles – Chair, MHA Communities Winchester
Teresa Ross – Secretary, St John’s Winchester
Frances Strange – Age Concern/ Twyford surgery PPG
Gary Marsh – Andover Mind (Dementia Advice)
Jane Gordon – WHCCG
Mark Maitland WCC,
Lys Pollard - Dementia Friends
Dawn Sandler - Sunrise
Julie Gallagher – Trading Standards
Clive Cook – St John’s Winchester

Judy Beaunier - Andover Mind

Carol Bailey – Winchester Churches Together

Aaron Lee – Winchester Hub/LinkAges

Tony Winterton – Home Instead
Bruce White – Community First

Marie Johnson-Hall - St John’s Hand in Hand

Sian Griffiths – Social Prescriber for over 55s
Graham Topping – Winchester Rotary

Rebecca Hynard-Hicks – St John’s Winchester

Lou Hooper – HCC Extra Care Housing

Sue Campbell - CAWD

**Welcome and Introduction**

**Apologies:**

Sara Nicholls (Brendoncare), Jane Wooton (Wessex Cancer Trust), , Adie Phillips (NHS Southern Health Falls Prevention), Ellie Jones (Environment Centre), Ling Salter (Compassionate Cuppa), , Mandy Souter (Stroke Association), Andrew Loretto (Hat Fair/Play to the Crowd/Playmakers), Geoff Meads (Rotary, Winchester Uni), Anna O’Brien (Winchester Radio), Lesley Rose (CAB Winchester), Sarah Weekes (St John’s Winchester), Paul Burrows-Gibson (Butterflies Bereavement), Cllr Angela Clear (WCC, Communities and Wellbeing), Kate Hampton (Driving Miss Daisy), Sarah Turpitt (WCC Sheltered and Extra Care).

**Presentations and Updates**

1. **Citizens Advice Winchester District – Sue Campbell**

Reaching People Together is a concept devised during Covid to work with other organisations in supporting vulnerable people. There are 2 parts to this:

Advice First Aid - Staff and volunteers are trained to use the wealth of information on the Citizens Advice website, and if needed, refer into Citizens Advice Winchester District services for support. (In a similar way that in medical situations first aid is given unless/until someone needs to go to hospital) This involves a half day of free training and we are keen to develop partnerships with organisations. If interested please contact the Advice First Aid Programme Manager, Louise Walton, at louise.walton@cawinchesterdistrict.org.uk

Refernet is a referral system independent of Citizens Advice, used in Wales and the north of England, with a large number of partner agencies, to avoid people falling through the gaps between services. It’s seen as a gold standard in referral systems, and works via a mobile app that is intuitive and free to use. Citizens Advice Hampshire have received funding to develop this here. Please contact Louise if you would like to engage with one element or another.

**2. Linkages - Aaron Lee**

Our funding to run LinkAges comes from funding from the University of Winchester which covers staffing and activity costs for this project. Unfortunately, due to the impact of COVID-19 on universities, our funding for this activity has been cut this year.

As we have only recently been informed of this lack of continuation of funding, it has not provided us enough time to confirm alternate funding sources from other trusts and foundations. We are spending the summer and into the new academic year applying for alternative sources of funding for LinkAges. However, as we currently have no other confirmed funding to run this programme, we have taken the decision to inform partners that as it currently stands, we do not intend to run LinkAges in the 2021-22 academic year.

We understand that this will be disappointing news. We are continuing to seek out new funding, but whether we run LinkAges will be dependent on whether we can secure core funding for the programme. If you are aware of any funder who would be interested in investing in LinkAges please do let me know. This also means I will be leaving my role as Projects Officer as there is no funding to cover this staffing cost. My last day will be the 30th of July and I will therefore be exiting the WDOPP group.

**3. Terms of Reference and Format of Meetings**

Anna shared a screen of the current TOR and revisions were discussed:

* It was agreed to officially add ‘District’ to the name - Winchester District Older Person’s Partnership.
* Everyone was happy to meet every 4 months as there would not be enough to talk about if we met too often.
* Anna is happy to carry on her tenure until next year and the TOR will be reviewed whenever the chair changes (max every 3 years)
* Minutes will be posted on the WCC site along with copy of TOR.

In a virtual poll, 89% of attendees agreed to carry on with zoom meetings at least until the summer next year. WCC are still working from home, so not in offices. Previous WDOPP face to face meetings had a similar number of attendees to the present virtual ones (July 2018 had 24, Sept 2019 had 20, Jan 2020 had 23) so virtual meetings do not appear to be having an impact on attendance. There was a discussion about the feasibility of a hybrid meeting with some present and some on teams, but those who had experienced this said it wasn’t very good, so best to wait until we can hold a meeting in full. Some found virtual meeting more convenient.

**UPDATES received via email are included below.**

**Wessex Cancer Support Trust**
Wessex Cancer Trust's Support Centre is now open for face-to-face Counselling, massage and befriending. Call the centre on 02380516576 in advance to book your visit. We are a charity offering free support to anyone in the Winchester district.

**Churches Together**
The Winchester Well-Being Lunch Club is being restarted at St Barnabas and Winchester Baptist Church in September.  The WinBap Seniors Programme recommences in August with a scaled-down Holiday at Home and their regular events re-start in September, too.

**Rotary**
Among many other activities, Rotary has been heavily involved with providing stewards for the Holiday Inn COVID Vaccination Centre serving surgeries to the north of Winchester and surrounding villages since December 2020

**Andover Mind**
Dementia Advisor – Home visits have started again in priority order. Referrals are continuing to increase, both from OPMHT and also through the Surgeries and proactive care teams. Many thanks to all teams and agencies who have continued to refer and signpost to the service.
We are working with the Meon Valley Carers Group and hope that the group will be restarting in Swanmore in the near future.

**WCC**
Move Momentum are launching their brand new dance class for over 65’s. I have attached their flyer, but basically it is a friendly, relaxed dance class which includes a mixture of seated and standing movement. The classes start on 8 July at St Barnabas Church in Weeke every Thursday 10-11am.

 More info can be found on their website - <https://www.movemomentum.co.uk/gems>

Also the relaunch of our health walks. The table below shows all the info, our walks take place every week, led by a qualified walk leader. Participants will just need to turn up at the designated meeting point 5 minutes before the start time.
For any new walkers, they will need to complete a registration form and bring this with them and hand to the leader. The forms can be found on our website: <https://www.winchester.gov.uk/activewinchester/active-lifestyles-scheme/health-walks> on the right hand side. If anyone has any questions please pass on my email address. CDrummond@winchester.gov.uk

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| Day | Time | Where | Meeting Point |
| Wednesdays | 10:30am | Colden Common | Colden Common Community Centre (SO21 1UU) |
| Wednesdays | 9:15am | Kings Walk | Opposite the Antiques Market (SO23 8AF) |
| Thursdays | 10:30am | Bishops Waltham | The Square, Bishops Waltham (SO32 1GG) |

**Connect 2 Support**
NEW Online Needs Checker tools launched on Hampshire County Council website Adults’ Health and Care have now launched two online “Needs Checker” tools for residents; one aimed at individuals and one for carers. These are both in two parts. Part 1 is a quick round of questions covering eligibility under the Care Act. At the end, users are given an indication of whether they may qualify for services/support from the Council and would benefit from a further conversation with us. They will also, at this point, be signposted to information and advice on Connect to Support Hampshire which may help them to manage their needs. They can email these information and advice links to themselves or to someone else. Regardless of the initial indication, they can choose to complete Part 2 and to give more detailed information about their situation which they can then submit to the Contact Assessment and Resolution Team. A professional will then contact them within 5 working days to discuss further.

These online tools are signposted to from various Adults’ Health and Care pages on the Hampshire County Council website. If you are advising clients to contact us to request an assessment, we would be grateful if you could advise them about this option. The links to the checkers, as well as other useful links, can be found on our Contact us page.

**Twyford Surgery Patient Participation Group**Twyford Surgery Patient Participation Group are going to have their first meeting since March 2020 via Zoom on 13th July to look at the future and how we can move forward.   We, unfortunately, lost our Chairman earlier in the year to a heart condition so will have to look at an interim person until our AGM in November.   We are hoping to be able to plan events for the not too distant future.

**Age Concern Hampshire**

Age Concern Hampshire are opening up services more as things become easier.   6 Day Centres have re-opened and a new Help at Home scheme has been started in Havant and East Hampshire.   It is hoped to be able to roll this out round the County.   It is funded by Hampshire County Council and is in response to the amount of help that has been needed by older people during the pandemic.

I would like to thank Aaron (LinkAges) for his help with wool.   He put a lady in contact with me who was getting rid of some and I was able to meet her and collect the wool.   Anyone having unwanted wool is welcome to get in touch with me as I work with a group in Kings Worthy who knit blankets for dementia patients and older people generally.

**Andover Mind Carer Support**
Re: Carer Support Service We are currently home visiting again and are able to meet inside the property. Support groups in Eastleigh and Winchester are open and operating in a safe environment until restrictions lift completely.

**Geoff Meads**
First, the Stroke Survivors Support Group is definitely starting at Christ Church from the 7 October on a fortnightly basis, with support for a trial year from the Stroke Association, Rotary and St Paul’s. A new agency called Elderly Fitness will be doing inputs led by life coach and trainer Shane O’Connell. And secondly, the Rotary scheme for writing to lone residents in care homes during the pandemic needs a new home. It has been a modest success and my details can be given to anybody interested in either of the two developments.

**St John’s Hand in Hand**
St Johns Hand in Hand looking forward to expanding their referral pathway out to other agencies to support older people within the community. Marketing materials are being revamped to reflect the opening up of referrals which will include self-referrals to the befriending service.

The Hand in Hand team are also looking at ways to support older people after the relaxing of restrictions, including walking volunteers. Our befriender volunteers are now able to return to face to face visiting with scheme members. In recognition of Volunteers Week one of the Hand in Hand Volunteers had been interviewed by Winchester Radio. Volunteers were also invited to Cuppa in the park.

**Environment Centre**
Keeping warm and well at home can sometimes be difficult and expensive. The [Hitting the Cold Spots](https://www.hants.gov.uk/socialcareandhealth/adultsocialcare/coldspots) service helps Hampshire residents save money on energy bills by providing practical support and energy advice. This can include help accessing funding for: heating repairs/ replacements\*, home energy efficiency improvements\*, switching energy provider or tariff, eligibility checks for energy discounts, and signposting on to other organisations for benefits/debt advice where appropriate. Get in touch or refer clients to our Energy Advisors today at 0800 804 8601 or staywarm@environmentcentre.com Monday to Friday 9am to 5pm.”
\*For eligible households

**WCC Strategic Planning**From a Local Plan perspective, I would be interested to know how inclusive they felt our recent consultation on the Strategic Issues & Priorities consultation was given that it was undertaken during a national lockdown and we were unable to hold any events virtually.  Allied to this, are there any key issues that we should be aware of when we are preparing the new LP that could be used to directly inform the policies in the new LP to address the needs of older persons?

I am aware that recently there has been a number of proposals for older person accommodation in town/city centres that has added to the vitality of the high streets and whether given the shift in online shopping whether this is something that we are going to see more of and whether this would be supported?  We are always keen to know who we should contact when we consult on the LP so any suggestions would be greatly received.

**St John’s Winchester**
Following consultation, you have probably heard of the sad closure of our dementia home, Moorside. St John's have been working closely with other agencies and partners to ensure the smooth transition to alternative accommodation for the remaining residents and employment for the staff. It is expected to be fully closed by the autumn. It is the intention to redevelop the Moorside site to build up to 18 new Almshouses subject to planning permission. Building works have started for the new Almshouse development in Colebrook Street and there are future plans for expansion within the charity via the Hand in Hand service.

**MHA Communities – Winchester**
We are keen to get people back in group settings but have considered the fact that many of our members have not left home much over the last year, therefore meeting in a large group may feel overwhelming, a lot of interaction at first may be more tiring than before, stamina and mobility may also have reduced. With this in mind we have decided to put together an 8 week  ‘Reconnecting Communities’ schedule starting on July 19th that we feel will ensure we can effectively comply with any restrictions or requirements put in place whilst accommodating the needs of our members. This program aims to reconnect members with their community - to meet with friends, learn new skills, build confidence & improve physical abilities.

We have at least 7 groups running each week (although we may expand to 10 if there is enough demand), 5 in Winchester, 1 in Weeke and 1 in Alresford for up to 12 members at each. Each group will define their own program, this could include: Coffee and Chat sessions, exercise preparation activities before returning to an exercise class, improving/learning IT and/or mobile phone skills, understanding wellbeing and promoting resilience. We want to assist members to regain independence and re-establish themselves post-lockdown. As well as helping to move forward we want these activities to help prepare participants should restrictions be imposed again in the future.

**Dementia Friends Winchester Action Group**
DFW are currently dormant.  We have not attempted online meetings in the hope that face to face meetings were just round the corner.  We now need to review this in light of the likely continued case numbers and the need to keep safe but re-start our support to those living with dementia in the Winchester area.  I will update at the next WDOPP meeting.

**Winchester Radio**Thanks to everyone who got involved and sent through 'thank you' messages to their teams for us to broadcast on Winchester Radio. We broadcast a number of messages and related features/interviews for Thank You Day and also the NHS Birthday in the last week. Nice to share feel-good messages and heart-warming stories through these difficult times.
We ran a series of special features and interviews during Volunteers' Week last month to celebrate the diverse ways people across the Winchester District give their time volunteering to support others. Interviews include WDOPP members' volunteers. All these interviews are uploaded online now and can be listened back to, via our website:  <https://winchester.radio/2021/06/06/volunteers-week-2021/>

Our studio at the RHCH was made covid-secure last year, but we have kept the number of volunteers using it to absolute minimum during the pandemic, and the vast majority of us who broadcast are still doing so from home. With easing of social restrictions over coming weeks, we are in discussions with the hospital about when our ward-visiting volunteers at Winchester Radio will be able to resume going back round the wards and visiting patients again face to face.

A reminder that Hampshire Hospitals has their AGM this month, on Tues 20 July from 6pm to 8pm - will again be held online. Main speaker is Consultant Surgeon Tim Moore, talking about the Trust's work providing elective cancer care. More information on HHFT's website. You need to register and book a free ticket to attend, in order to be sent the zoom link for joining: <https://www.eventbrite.co.uk/e/hhft-agm-2021-tickets-160782808709>

As life moves towards some normality again, please remember to let our charity know how older people can access your services and support, so we can put out on the community radio airwaves. Email formal press releases to our charity at:  news@winchester.radio You can also ping us more informal brief updates via: info@winchester.radio And any older people you are supporting can email/phone/text through shout-outs and dedications to us through usual routes: studio@winchester.radio  OR 01962 603947. Thanks.

**WCC Extra Care**
Extra Care facilities in Winchester. We currently have vacancies in all of our schemes if anyone is aware of someone who is struggling at home and in need of ongoing assistance with personal care. One of our schemes is specifically designed to meet the needs of older people with a cognitive impairment like Dementia where we have a number of vacancies.

We also offer a life line service to people within the Winchester district at a very competitive price.
Attached are a copy of our leaflets for your information.

If anyone requires further information or would like some hard copies of the leaflets attached please let Sarah know - STurpitt@winchester.gov.uk and she will arrange for some to be sent out.

**AOB**

General discussion regarding how soon organisations will open up after July 19th

Most are looking at around September time, although some day centres and face to face consultations are tentatively starting in small numbers. Many minibuses are still limiting use although it’s hoped this will change after 19th July.

Trading Standards are under review/consultation so Julie is unsure whether she will still be here next time. Fingers crossed she will be.

Good luck to Aaron!

Next meeting scheduled 3 Nov 2021 via zoom, 2-4 with the same format, anyone who would like to book a speaker slot please contact Teresa or Anna.

Attached:

Flyers.

WDOPP amended Terms of Reference.

Latest contact email list- updated July 2021